

Pet Whisperer Will Share What Cat Really Means by 'Meow'

Many pet owners say they talk to their dogs and cats all the time. But do they talk back? Find out when pet communicator speaks Sept. 17.

By [Beth Dalbey \(Patch Staff\)](#) Updated September 3, 2014 at 5:53 pm [0](#)



Pet communicator Lisa Turek, who has been acting as the “telephone” between pets and their owners for 15 years, will share insight on what cats and dogs really mean at a Sept. 17 event sponsored by The Cat Practice. (Screenshot: YouTube video)

Pet communicator [Lisa Turek](#) is coming to Birmingham later this month to help residents better understand what Jack, the labrador retriever, really means when he does his business in the corner, and what the usually spunky calico Felicity seems to be worrying about.

Turek’s question-and-answer session – “What do Fluffy & Fido really mean? How to listen to and understand your pet” – will be presented at 5 p.m. and again at 7:30 p.m. on Wednesday, Sept. 17, at Birmingham Country Club. [The Cat Practice](#) veterinary hospital in Birmingham is presenting the program.

Turek, who lives in Harrisonville, says she’s more of a pet whisperer than a pet psychic, who claim to be able to read pets’ minds and predict their futures. She calls herself “the go between connecting the animal and person,” and says she has used her abilities to help owners modify their pet’s behavior, locate lost pets, and find out if sick pets are in pain, as well as act as a medium to connect people with pets that have died.

The oldest of six children, Turek says on her website that her childhood was uneventful and included the usual menagerie of family pets – dogs, cats, fish and various small rodents – but she was partial to the bunnies. She obtained training after consulting with an animal communicator in 1996 when she and her husband, Bob, were living in Colorado. Their dog was having accidents in the house, but a veterinarian who had removed a colon polyp, but said there was nothing more that could be done for the animal medically.

The animal communicator “talked” to the dog on a Thursday and shared her insight the next day. Turek said she was “amazed” by what she learned and wanted to learn the technique. She enrolled in a workshop, learned she had a knack and has been a pet communicator now for 15 years, and now lives in northern Michigan with her husband, dog and three cats.

“I found I was able to do it immediately,” she wrote on her website. “From then on it was just a matter of talking to as many animals as I could and polishing my skills,” including taking classes in energy medicine, telepathy, intuition and shamanism.

She says she has used her abilities to help owners modify their pet’s behavior, locate lost pets, find out if sick pets are in pain, and to connect with pets that have passed on. Turek says she is able to hold conversations with living and deceased animals by connecting with their spirits.

“I’m like the telephone,” she said. “I’m the go between connecting the animal and the person.”

Turek says that animals understand much more than people think, are sensitive to human energy and emotions, and are intelligent in ways that people are not. She says that pets communicate in mental pictures so pet owners should form images in their minds of positive behaviors and what they want their pet to carry out instead of thinking about negative behaviors and what their pet might do.

Dr. Cindy Houlihan, a veterinarian at The Cat Practice, says she always talks with her feline patients. Houlihan began consulting with Turek years ago to get her advice on reducing patient stress. Today, before every procedure, Houlihan and the other veterinarians and veterinary technicians at The Cat Practice, explain to their patients what is going to happen to them when they are getting a shot, having blood drawn, getting an X-ray or going to sleep for surgery.

“Pets worry just like humans and want to know what’s happening to them,” Houlihan said. “They also have a lot to say to us. It’s not really a mystery – you just have to train yourself to listen. Even our most skeptical staff members have been doing this. The results are amazing.”

Cat owners notice how cats respond to Houlihan’s bedside manner and ask how she does it. The last time Turek was invited to speak, hundreds of pet owners showed up.

Madelyn Markowitz of Grosse Pointe Park, whose cats have all been patients of The Cat Practice, has consulted with Turek several times.

When her cat, Kali, began using Markowitz’ bed as a litter box and didn’t get along with another cat named Cobe, Markowitz contacted Turek. She also spoke with Turek when faced with a tough end-of-life decision involving her cat, Frankie.

“Lisa confirmed for me what I thought my cats were trying to tell me,” Markowitz said. “It was fascinating.”

Turek says anyone can learn to communicate with their pet.

“The more positive energy you send out, the more you are inviting your pet to have a conversation,” she said. “You just have to learn to listen to what they say to you.”

If you go: To register for the presentation, call (248) 540-3390 or go to www.thecatpracticepc.com. A donation of \$10 per person includes light refreshments and goes to the Rufus Memorial Feline Fund for homeless cats and cats in need. Cat owners whose cats are patients of The Cat Practice get two free registrations. Please leave pets at home. Business attire requested. The Birmingham Country Club is at 1750 Saxon Drive in Birmingham, Michigan.

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