

## Make kitty-proofing your home part of spring cleaning

The following products can be toxic to your cat and other pets. In some cases, if ingested, they can be fatal. Use this checklist to look for these products in your home and to make sure they are out of reach and locked away from prying paws.

### HOUSEHOLD PRODUCTS/SOLVENTS

- Acids (in drain/toilet bowl cleaners, vinegar, hair wave neutralizers, metal cleaners, rust removers)
- Alkalis/bases (in drain cleaners, dry cell batteries, hair relaxers, lye, non-chlorine bleach, oven cleaners)
- Rodenticides, anticoagulants (d-Con)
- Rodenticides, bromethalin
- DEET (active ingredient in insect repellent)



- Ice melts containing calcium chloride
- Metaldehyde (in snail and slug baits)
- Methanol (organic solvent in windshield washer fluid, paint thinner, many cleaning products)
- Mothballs
- Polyurethane glues (Gorilla glue, Elmer's ProBond)
- Ethanol (in rubbing alcohol, hand sanitizers)
- Ethylene glycol (in automotive antifreeze)

### MEDICATIONS

- 5-Hydroxytryptophan (5-HTP or Griffonia seed extract)
- Acetaminophen (Tylenol)
- Alpha lipoic acid
- Aspirin
- Caffeine (No-Doze)
- Dextromethorphan (Delsym, Robitussin-DM)
- Ibuprofen (Advil, Motrin)

- Iron
- Naproxen (Aleve)
- Permethrin
- Phenazopyridine (Pyridium, PAP)
- Phenylephrine (Sudafed-PE)
- Pseudoephedrine (Sudafed)
- Vitamin D (D2, D3, cholecalciferol)
- Imidazolines (Afrin)



### TOXIC PLANTS

- Lillies (plants in the Liliaceae and Hemerocallis species are highly toxic)
- MANY others: [aspca.org/pet-care/animal-poison-control/toxic-and-non-toxic-plants](http://aspca.org/pet-care/animal-poison-control/toxic-and-non-toxic-plants)

### MEDICINAL OILS, SOLVENTS OR EXCIPIENTS

- Benzyl alcohol
- Peppermint oil (menthol)
- Propylene glycol
- Tea Tree oil (melaleuca oil)
- Xylitol (in sugar-free gum)

### FOOD

- Allium-containing foods (garlic, onion, leeks, chives)
- Chocolate



### MISC.

- Glow jewelry & toys
- Liquid potpourri (simmer pot potpourri)
- Lithium ion disc batteries
- U.S. Pennies (minted after 1982- high in zinc)



For more info: [aspca.org/pet-care/animal-poison-control](http://aspca.org/pet-care/animal-poison-control)