1. Firstly, 1mL (or milliliter) is exactly equal to 1cc (cubic centimeter). The two terms can be used interchangeably.

2. The total volume of the syringe is 1.0mL. Therefore, it is measured in ten 0.1mL increments. See #1 and #2 below.

3. Each dark line in between each 0.1mL increment is equal to 0.05mL. See #3 below. For example, you can have 0.05mL, 0.45mL, 0.75mL, etc.

4. Each tiny line between two bigger lines is 0.01mL. See #4 below. So, you can have 0.02mL, 0.37mL, 0.72mL, etc.

4. Pull the plunger back so the tip of the black end is level with the line you are measuring to.