



What do Fluff and Fido mean? Animal communicator Lisa Turek and veterinarian Dr. Cindy Houlihan

Media coverage from August through September, 2014

- Birmingham Patch
- Cat Chat
- CBS Detroit
- Charlotte Observer
- Craigslist
- Daily Tribune
- Detroit News
- Detroit.com
- Eventful
- Hometownlife (Observer & Eccentric)
- Metro Times
- My Fox Detroit
- Oakland Press
- Topix
- Triangle
- West Bloomfield Patch
- WXYZ Channel 7





Monday, September 15, 2014

Communicate with your cat (and dog)

What is your cat trying to say?

Understand how to listen to & communicate with your pet

An evening with animal communicator Lisa Turek

September 17 at Birmingham Country Club

Michigan

Many pet owners say they talk to their cats all the time. Pet owners will find out on from animal communicator Lisa Turek *who will answer the question, **What do Fluffy & Fido really mean? How to listen to and understand your pet** at **5 p.m. and again at 7:30 p.m., Wednesday, September 17 at Birmingham Country Club.*** The program is being offered by **The Cat Practice** veterinary hospital in Birmingham.

Turek says she is able to hold conversations with living and deceased animals by connecting with their spirits. She says this is unlike a psychic who reads minds or predicts the future. To connect with a pet, Turek needs a photo or description. She has used her abilities to help owners modify their pet's behavior, locate lost pets, find out if sick pets are in pain, and to connect with pets that have passed on. *"I'm like the telephone,"* she says. *"I'm the go between connecting the animal and the person."*

Turek says that animals understand much more than people think, are sensitive to human energy and emotions, and are intelligent in ways that people are not. She says that pets communicate in mental pictures so pet owners should form images in their minds of positive behaviors and what they want their pet to carry out instead of thinking about negative behaviors and what their pet might do.



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"Pets worry just like humans and want to know what's happening to them," Houlihan says. *"They also have a lot to say to us. It's not really a mystery – you just have to train yourself to listen. Even our most skeptical staff members have been doing this. The results are amazing."*

Cat owners notice how cats respond to Houlihan's bedside manner and ask how she does it. The last time Turek was invited to speak, hundreds of pet owners showed up.

"Anyone can learn to communicate with their pet," says Turek who offers personal consultations and weekend workshops. *"The more positive energy you send out, the more you are inviting your pet to have a conversation. You just have to learn to listen to what they say to you."*

To register for *What do Fluffy & Fido really mean? How to listen to and understand your pet*, call 248-540-3390 or go to www.thecatpracticepc.com. Donation of \$10 per person includes light refreshments and goes to the Rufus Memorial Feline Fund for homeless cats and cats in need. Sorry, no refunds. **Cat owners whose cats are patients of The Cat Practice get two free registrations.** Please leave pets at home. Business attire requested. Birmingham Country Club is at 1750 Saxon Drive in Birmingham, Michigan.

About Lisa Turek

Turek has been communicating with animals for 15 years. She lives in northern Michigan with her husband, dog and three cats.



About The Cat Practice

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Posted by [Caren Gittleman](#) at 12:00 AM 

Original link: <http://www.catchatwithcarenandcody.com/2014/09/communicate-with-your-cat-and-dog.html>

What do Fluffy and Fido really mean?

Understand how to listen to & communicate with your pet; An evening with animal communicator Lisa Turek, Sept 17 at Birmingham Country Club

By Linda Wasche (Open Post) Updated August 27, 2014 at 10:18 am 0



Many pet owners say they talk to their dogs and cats all the time. But are Fluffy and Fido talking back?

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Turek says that animals understand much more than people think, are sensitive to human energy and emotions, and are intelligent in ways that people are not. She says that pets communicate in mental pictures so pet owners should form images in their minds of positive behaviors and what they want their pet to carry out instead of thinking about negative behaviors and what their pet might do.

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Original link: <http://patch.com/michigan/birmingham/what-do-fluffy-and-fido-really-mean#.VA3RJvldWSp>

What do Fluffy and Fido really mean?



Wednesday
Sep 17, 2014 – Wed 5:00 PM
The Birmingham Country Club
1750 Saxon Drive
Birmingham, MI 48009 [Map](#)

More Info

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Original link: http://events.detroit.cbslocal.com/birmingham_mi/events/do-fluffy-and-fido-really-mean-/E0-001-074345150-0

What do Fluffy & Fido really mean? How to listen to and understand your pet

Wednesday, Sep 17 7:30p

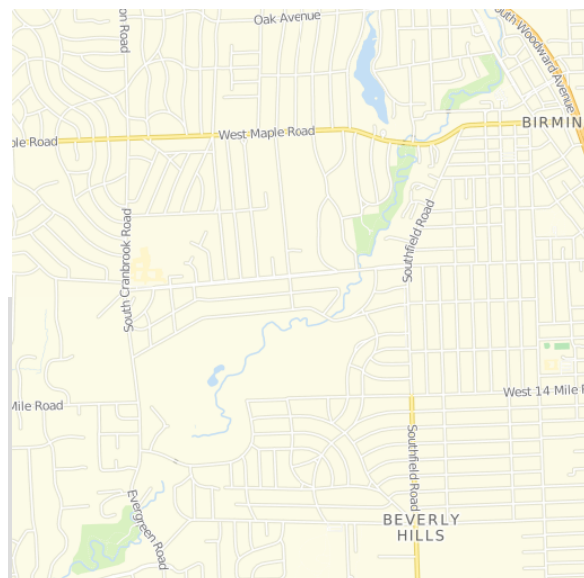
[More dates & times \(1\)](#)

[Birmingham Country Club](#) Birmingham, MI

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Original link: http://events.charlotteobserver.com/birmingham_mi/events/show/371523480-what-do-fluffy-fido-really-mean-how-to-listen-to-and-understand-your-pet#storylink=cpy

What do Fluffy and Fido really mean? 9/17 (Birmingham Country Club)



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1750 Saxon Dr

[\(google map\)](#) [\(yahoo map\)](#)

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Lisa Turek (left) with Dr. Cindy Houlihan and Oscar. Photo Courtesy of Linda Wasch

POSTED: 09/17/14, 2:26 PM EDT

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— Staff Writer Megan Semeraz

Original link: <http://www.dailytribune.com/general-news/20140917/animal-communicator-to-visit-birmingham-on-wednesday>

The Detroit News

What do Fluffy & Fido really mean? How to listen to and understand your pet

Wednesday, Sep 17 5:00p

More dates & times (1)

Birmingham Country ClubBirmingham, MI

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The Cat Practice veterinary hospital in Birmingham presents



What do Fluffy and Fido really mean? How to listen to and understand your pet

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When Wed Sep 17

Where [Birmingham Country Club](#)

Time 5pm and 7:30pm

Description

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More Info

Link http://thecatpracticepc.com/animal_communicator.htm

Call 248-540-3390

Original link: <http://www.detroit.com/what-do-fluffy-and-fido-really-mean-how-to-listen-to-and-understand-your-pet-e2149912>

eventful

WHAT DO FLUFFY AND FIDO REALLY MEAN? IN BIRMINGHAM



September 17, 2014

Wednesday 5:00 PM

[The Birmingham Country Club](#)

1750 Saxon Drive

Birmingham, Michigan 48009

[Map](#)

WHAT DO FLUFFY AND FIDO REALLY MEAN?

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Cost: To register for What do Fluffy & Fido really mean? How to listen to and understand your pet, call 248-540-3390 or go to www.thecatpracticepc.com. Donation of \$10 per person includes light refreshments and goes to the Rufus Memorial Feline Fund for homeless cats and cats in need. Sorry, no refunds. Cat owners whose cats are patients of The Cat Practice get two free registrations. Please leave pets at home. Business attire requested. Birmingham Country Club is at 1750 Saxon Drive in Birmingham, Michigan.

Categories: [Pets](#)

LINKS: [Register here](#)

Original link: <http://detroit.eventful.com/events/do-fluffy-and-fido-really-mean-/E0-001-074345150-0>

Speaking to the (four-legged) dead

Jay Grossman 7:44 a.m. EDT September 7, 2014



Lisa Turek speaks to animals – even dead ones.

Turek says she is able to hold conversations with living and deceased animals by connecting with their spirits. She says this is unlike a psychic who reads minds or predicts the future.

To connect with a pet, Turek needs a photo or description. She has used her abilities to help owners modify their pet's behavior, locate lost pets, find out if sick pets are in pain, and to connect with pets that have passed on.

"I'm like the telephone," she said. "I'm the go-between connecting the animal and the person."

On Wednesday, Sept. 17, Turek will answer the question, "What do Fluffy & Fido really mean? How to listen to your pet." The program is being offered by The Cat Practice veterinary hospital in Birmingham and is being held at the Birmingham Country Club. Folks can register for the program by calling 248-540-3390 or visit www.thecatpracticepc.com.

In the meantime, Turek talked with the Birmingham *Eccentric* about what it's like to speak to the dead, especially when the deceased happen to like dog bones and mice:

Q: So, you are a pet communicator and you talk to animals. What exactly does this mean?

Turek: I communicate telepathically with animals to be able to assist people with their pet's needs. I can assist the animal in not only getting information to their people about what is going on, but help them with what they might need.

Q: Can anyone talk to their pets – or do they have to have a special skill or gift?

Turek: Anyone can talk to their pet, no special skill is needed. However, it is like anything, the more you practice, the better you get. And it comes easier to some than people than others. Having an open mind and heart, and a willingness to practice are important.

Q: What is your background?

Turek: I had an ordinary childhood, raised in a large family with the usual amount of pets. I wasn't psychic or telepathic but sensitive. And I didn't have an unusual gift for picking up strays or having them follow me home. I just loved animals.

Q: Do you have pets at home? Do they talk to you?

Turek: Right now I have one dog and three cats. They talk to me when I open up the lines of communication or need to talk to them.

Q: How – and when -- did you start talking to animals?

Turek: I was having an issue with my dog almost 20 years ago. My husband spotted an ad for an animal communicator in a local magazine and suggested we give her a call. After talking to my dog and telling me what he said, I asked her how she was able to do it. Fortunately, she was having a workshop in her house the next day. I attended and have been talking to animals ever since.

Q: Do you have to know anything about a pet before you can start communicating with them?

Turek: In order to open up the lines of communication with an animal, I do need to know what they look like. The rest is a personal process of getting grounded and opening up to the unseen world.

Q: What do pets most often tell you about? For example, are most of them happy with their homes – or do they come to you and say, “Hey, I don’t like the food around here ...”

Turek: Some pets are more talkative than others. I have had some tell me they don’t like their name, or they don’t like where their litter box is. Others just want to talk about the issue and nothing more. Almost all of the ones I talk to are happy in their home because people that mistreat animals don’t call animal communicators when their pet is having an issue.

Q: Are there any unusual stories that stand out?

Turek: We had our own issue with mice in our office and by communicating with them we were able to avoid chewed cords on phones, computers, faxes and printers. One dog told me that his death was like walking through a curtain on a stage and all his friends were in the audience cheering for him. And once, two birds told me they were feeling crowded in their cage and when I called their owner, she said she had just put in some new toys. There is humor and sometimes sadness in what I do.

Q: You have said that anyone can learn to talk to their pet. How do I get my dog to stop digging up my back yard?

Turek: The first thing I would ask is how much exercise is he getting. Then I would ask him why he is digging and what could you do to get him to stop. I would ask you to picture in your mind the behavior you would like from your dog and then check your own thoughts about the situation. Animals not only pick up on our stresses, they also pick up on the mental images in our heads. I always work toward a give-and-take relationship with the animals in my world. I never ask them just to do things for me without giving something in return.

jgrossman@hometownlife.com | 586-826-7030 Twitter: @BhmEccentric

Original link: <http://www.hometownlife.com/story/news/local/birmingham/2014/09/07/speaking-four-legged-dead/15238681/>

What do Fluffy and Fido really mean? Understand How to Listen to & Communicate with your Pet

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Phone: 248-540-3390

Price: Donation of \$10 per person includes light refreshments and goes to the Rufus Memorial Feline Fund for homeless cats and cats in need.

thecatpracticepc.com/animal_communicator.htm



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 Buy Tickets

Birmingham Country Club

1750 Saxon Drive Greater Birmingham Area

www.bhamcc.com

Original link: <http://www.metrotimes.com/detroit/what-do-fluffy-and-fido-really-mean-understand-how-to-listen-to-and-communicate-with-your-pet/Event?oid=2241121>



Pet Communicator Lisa Turek

Posted: Sep 18, 2014 5:56 AM MDT Updated: Sep 18, 2014 5:56 AM MDT

Ever wonder why your dog barks at the mailman, or why your cat runs away from certain people?

One local woman says she might have the answer.

Lisa turek has been talking to pets, both in this world and beyond, for the past 18 years.

She's even used what she calls he "telepathic powers" to locate lost animals and diagnose illnesses.

With a photo, she even says she can check in on your pets who have passed on.

For more information on her work [CLICK HERE](#).

Original link: <http://www.myfoxdetroit.com/story/26564766/pet-communicator-lisa-turek>

Animal communicator to visit Birmingham on Wednesday



Lisa Turek (left) with Dr. Cindy Houlihan and Oscar. Photo Courtesy of Linda Wasch

POSTED: 09/16/14, 12:55 PM EDT |
[0 COMMENTS](#)

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— Staff Writer Megan Semeraz

Original link: <http://www.theoaklandpress.com/general-news/20140916/animal-communicator-to-visit-birmingham-on-wednesday>

Pet Whisperer Will Share What Cat Really Means by 'Meow'



Wednesday Sep 3 Full story: [Patch.com](https://www.patch.com)

Pet communicator Lisa Turek, who has been acting as the "telephone" between pets and their owners for 15 years, will share insight on what cats and dogs really mean at a Sept.

[Full Story](#)

Original link:

<http://www.topix.com/forum/city/birmingham-mi/T2S9GN21OL2FD2242>



What do Fluffy & Fido really mean? How to listen to and understand your pet

Wednesday, Sep 17 7:30p

[More dates & times \(1\)](#)

[Birmingham Country Club](#) Birmingham, MI

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Original link: http://events.triangle.com/birmingham_mi/events/show/371523480-what-do-fluffy-fido-really-mean-how-to-listen-to-and-understand-your-pet

Pet Whisperer Will Share What Cat Really Means by 'Meow'

Many pet owners say they talk to their dogs and cats all the time. But do they talk back? Find out when pet communicator speaks Sept. 17.

By [Beth Dalbey \(Patch Staff\)](#) Updated September 3, 2014 at 5:53 pm [0](#)



Pet communicator Lisa Turek, who has been acting as the “telephone” between pets and their owners for 15 years, will share insight on what cats and dogs really mean at a Sept. 17 event sponsored by The Cat Practice. (Screenshot: YouTube video)

Pet communicator [Lisa Turek](#) is coming to Birmingham later this month to help residents better understand what Jack, the labrador retriever, really means when he does his business in the corner, and what the usually spunky calico Felicity seems to be worrying about.

Turek’s question-and-answer session – “What do Fluffy & Fido really mean? How to listen to and understand your pet” – will be presented at 5 p.m. and again at 7:30 p.m. on Wednesday, Sept. 17, at Birmingham Country Club. [The Cat Practice](#) veterinary hospital in Birmingham is presenting the program.

Turek, who lives in Harrisonville, says she’s more of a pet whisperer than a pet psychic, who claim to be able to read pets’ minds and predict their futures. She calls herself “the go between connecting the animal and person,” and says she has used her abilities to help owners modify their pet’s behavior, locate lost pets, and find out if sick pets are in pain, as well as act as a medium to connect people with pets that have died.

The oldest of six children, Turek says on her website that her childhood was uneventful and included the usual menagerie of family pets – dogs, cats, fish and various small rodents – but she was partial to the bunnies. She obtained training after consulting with an animal communicator in 1996 when she and her husband, Bob, were living in Colorado. Their dog was having accidents in the house, but a veterinarian who had removed a colon polyp, but said there was nothing more that could be done for the animal medically.

The animal communicator “talked” to the dog on a Thursday and shared her insight the next day. Turek said she was “amazed” by what she learned and wanted to learn the technique. She enrolled in a workshop, learned she had a knack and has been a pet communicator now for 15 years, and now lives in northern Michigan with her husband, dog and three cats.

“I found I was able to do it immediately,” she wrote on her website. “From then on it was just a matter of talking to as many animals as I could and polishing my skills,” including taking classes in energy medicine, telepathy, intuition and shamanism.

She says she has used her abilities to help owners modify their pet’s behavior, locate lost pets, find out if sick pets are in pain, and to connect with pets that have passed on. Turek says she is able to hold conversations with living and deceased animals by connecting with their spirits.

“I’m like the telephone,” she said. “I’m the go between connecting the animal and the person.”

Turek says that animals understand much more than people think, are sensitive to human energy and emotions, and are intelligent in ways that people are not. She says that pets communicate in mental pictures so pet owners should form images in their minds of positive behaviors and what they want their pet to carry out instead of thinking about negative behaviors and what their pet might do.

Dr. Cindy Houlihan, a veterinarian at The Cat Practice, says she always talks with her feline patients. Houlihan began consulting with Turek years ago to get her advice on reducing patient stress. Today, before every procedure, Houlihan and the other veterinarians and veterinary technicians at The Cat Practice, explain to their patients what is going to happen to them when they are getting a shot, having blood drawn, getting an X-ray or going to sleep for surgery.

“Pets worry just like humans and want to know what’s happening to them,” Houlihan said. “They also have a lot to say to us. It’s not really a mystery – you just have to train yourself to listen. Even our most skeptical staff members have been doing this. The results are amazing.”

Cat owners notice how cats respond to Houlihan’s bedside manner and ask how she does it. The last time Turek was invited to speak, hundreds of pet owners showed up.

Madelyn Markowitz of Grosse Pointe Park, whose cats have all been patients of The Cat Practice, has consulted with Turek several times.

When her cat, Kali, began using Markowitz’ bed as a litter box and didn’t get along with another cat named Cobe, Markowitz contacted Turek. She also spoke with Turek when faced with a tough end-of-life decision involving her cat, Frankie.

“Lisa confirmed for me what I thought my cats were trying to tell me,” Markowitz said. “It was fascinating.”

Turek says anyone can learn to communicate with their pet.

“The more positive energy you send out, the more you are inviting your pet to have a conversation,” she said. “You just have to learn to listen to what they say to you.”

If you go: To register for the presentation, call (248) 540-3390 or go to www.thecatpracticepc.com. A donation of \$10 per person includes light refreshments and goes to the Rufus Memorial Feline Fund for homeless cats and cats in need. Cat owners whose cats are patients of The Cat Practice get two free registrations. Please leave pets at home. Business attire requested. The Birmingham Country Club is at 1750 Saxon Drive in Birmingham, Michigan.

Original link: <http://patch.com/michigan/westbloomfield/pet-whisperer-will-share-what-cat-really-means-meow/#.VA80bvldWSp>



What do Fluffy and Fido really mean? How to listen to and understand your pet

WHEN Wednesday, September 17, 2014, 5 – 7:30pm

WHERE Birmingham Country Club

1750 Saxon Drive, Birmingham, Michigan

Many pet owners say they talk to their dogs and cats all the time. But are Fluffy and Fido talking back?

Pet owners will find out on Wednesday, September 17 from animal communicator Lisa Turek who will answer the question, What do Fluffy & Fido really mean? How to listen to and understand your pet at 5 p.m. and again at 7:30 p.m. at Birmingham Country Club. The program is being offered by The Cat Practice veterinary hospital in Birmingham.

Turek says she is able to hold conversations with living and deceased animals by connecting with their spirits. She says this is unlike a psychic who reads minds or predicts the future. To connect with a pet, Turek needs a photo or description. She has used her abilities to help owners modify their pet's behavior, locate lost pets, find out if sick pets are in pain, and to connect with pets that have passed on. "I'm like the telephone," she says. "I'm the go between connecting the animal and the person."

Turek says that animals understand much more than people think, are sensitive to human energy and emotions, and are intelligent in ways that people are not. She says that pets communicate in mental pictures so pet owners should form images in their minds of positive behaviors and what they want their pet to carry out instead of thinking about negative behaviors and what their pet might do.

Cindy Houlihan, DVM, of The Cat Practice, which is offering the program, always talks with her feline patients. Houlihan began consulting with Turek years ago to get her advice on reducing patient stress. Today, before every procedure, Houlihan and the other veterinarians and veterinary technicians at The Cat Practice, explain to their patients what is going to happen to them when they are getting a shot, having blood drawn, getting an x-ray or going to sleep for surgery.

"Pets worry just like humans and want to know what's happening to them," Houlihan says. "They also have a lot to say to us. It's not really a mystery – you just have to train yourself to listen. Even our most skeptical staff members have been doing this. The results are amazing."

Cat owners notice how cats respond to Houlihan's bedside manner and ask how she does it. The last time Turek was invited to speak, hundreds of pet owners showed up.

"Anyone can learn to communicate with their pet," says Turek who offers personal consultations and weekend workshops. "The more positive energy you send out, the more you are inviting your pet to have a conversation. You just have to learn to listen to what they say to you."

To register for What do Fluffy & Fido really mean? How to listen to and understand your pet, call 248-540-3390 or go to www.thecatpracticepc.com. Donation of \$10 per person includes light refreshments and goes to the Rufus Memorial Feline Fund for homeless cats and cats in need. Sorry, no refunds. Cat owners whose cats are patients of The Cat Practice get two free registrations. Please leave pets at home. Business attire requested. Birmingham Country Club is at 1750 Saxon Drive in Birmingham, Michigan.

About Lisa Turek

Turek has been communicating with animals for 15 years. She lives in northern Michigan with her husband, dog and three cats.

About The Cat Practice

The Cat Practice, opened in 1981, is Michigan's first cats-only veterinary hospital. The Cat Practice provides advanced preventive and medical care with an emphasis on early detection to help cats live longer, better and healthier lives. Located at 875 South Worth in Birmingham, Michigan, The Cat Practice cares for feline purebred and mixed breeds from around southeastern Michigan. For information go to www.thecatpracticepc.com or call 248-540-3390.

LINK [thecatpracticepc.com...](http://www.thecatpracticepc.com)

Original link: <http://www.wxyz.com/entertainment/around-town#/?i=3>