

Speaking to the (four-legged) dead

Jay Grossman 7:44 a.m. EDT September 7, 2014



Lisa Turek speaks to animals – even dead ones.

Turek says she is able to hold conversations with living and deceased animals by connecting with their spirits. She says this is unlike a psychic who reads minds or predicts the future.

To connect with a pet, Turek needs a photo or description. She has used her abilities to help owners modify their pet's behavior, locate lost pets, find out if sick pets are in pain, and to connect with pets that have passed on.

"I'm like the telephone," she said. "I'm the go-between connecting the animal and the person."

On Wednesday, Sept. 17, Turek will answer the question, "What do Fluffy & Fido really mean? How to listen to your pet." The program is being offered by The Cat Practice veterinary hospital in Birmingham and is being held at the Birmingham Country Club. Folks can register for the program by calling 248-540-3390 or visit www.thecatpracticepc.com.

In the meantime, Turek talked with the Birmingham *Eccentric* about what it's like to speak to the dead, especially when the deceased happen to like dog bones and mice:

Q: So, you are a pet communicator and you talk to animals. What exactly does this mean?

Turek: I communicate telepathically with animals to be able to assist people with their pet's needs. I can assist the animal in not only getting information to their people about what is going on, but help them with what they might need.

Q: Can anyone talk to their pets – or do they have to have a special skill or gift?

Turek: Anyone can talk to their pet, no special skill is needed. However, it is like anything, the more you practice, the better you get. And it comes easier to some than people than others. Having an open mind and heart, and a willingness to practice are important.

Q: What is your background?

Turek: I had an ordinary childhood, raised in a large family with the usual amount of pets. I wasn't psychic or telepathic but sensitive. And I didn't have an unusual gift for picking up strays or having them follow me home. I just loved animals.

Q: Do you have pets at home? Do they talk to you?

Turek: Right now I have one dog and three cats. They talk to me when I open up the lines of communication or need to talk to them.

Q: How – and when -- did you start talking to animals?

Turek: I was having an issue with my dog almost 20 years ago. My husband spotted an ad for an animal communicator in a local magazine and suggested we give her a call. After talking to my dog and telling me what he said, I asked her how she was able to do it. Fortunately, she was having a workshop in her house the next day. I attended and have been talking to animals ever since.

Q: Do you have to know anything about a pet before you can start communicating with them?

Turek: In order to open up the lines of communication with an animal, I do need to know what they look like. The rest is a personal process of getting grounded and opening up to the unseen world.

Q: What do pets most often tell you about? For example, are most of them happy with their homes – or do they come to you and say, “Hey, I don’t like the food around here ...”

Turek: Some pets are more talkative than others. I have had some tell me they don’t like their name, or they don’t like where their litter box is. Others just want to talk about the issue and nothing more. Almost all of the ones I talk to are happy in their home because people that mistreat animals don’t call animal communicators when their pet is having an issue.

Q: Are there any unusual stories that stand out?

Turek: We had our own issue with mice in our office and by communicating with them we were able to avoid chewed cords on phones, computers, faxes and printers. One dog told me that his death was like walking through a curtain on a stage and all his friends were in the audience cheering for him. And once, two birds told me they were feeling crowded in their cage and when I called their owner, she said she had just put in some new toys. There is humor and sometimes sadness in what I do.

Q: You have said that anyone can learn to talk to their pet. How do I get my dog to stop digging up my back yard?

Turek: The first thing I would ask is how much exercise is he getting. Then I would ask him why he is digging and what could you do to get him to stop. I would ask you to picture in your mind the behavior you would like from your dog and then check your own thoughts about the situation. Animals not only pick up on our stresses, they also pick up on the mental images in our heads. I always work toward a give-and-take relationship with the animals in my world. I never ask them just to do things for me without giving something in return.

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